



"As I finish packing for college, I just wanted you to know my class notebook is right at the top of one of my suitcases. I feel a lot less scared and much more prepared for beginning life on my own. Thank you! I learned so much I could just burst! "

Financial Tools for Teens

A fun and interactive day-long workshop to teach teens (and their parents) how to mind their money.

How to earn, save, spend, and give.

What to track and how to track it.

How to avoid riding the rollercoaster of debt.

It is never too early (or too late!) to start creating a healthy and happy relationship with your money. Let me give you a roadmap that can guide you through your financial life – from start to finish!

Miata



For over two decades, **Miata Edoga** has been helping individuals of all backgrounds establish a healthier, more compassionate relationship with their money. She is the President and Founder of Abundance Bound, a financial education company, and currently serves as the National Financial Wellness Consultant for The Actors Fund.





This interactive 4-part day-long workshop will help participants to...

part
1

...examine how their relationship with money can be affected by what they've been "trained" to want and need – and how they can align their use of money with **their core values**.

part
2

...draft **their first financial plan** – breaking down the steps of how to plan for and achieve short, mid and long-term financial goals.

part
3

...get comfortable with tracking their **income, expenses, savings, and investments** – and better understand how debt and credit can impact their finances.

part
4

...develop a "Family Financial System", creating a supportive environment in which to apply this knowledge and practice their new skills.

The teens will be supported in working through simple and actionable financial lessons and exercises that will provide them with the confidence and clarity to manage their money more mindfully.

This event will offer these Girls Scouts a new set of financial tools which will enable them to grow, prosper, and powerfully contribute to the causes they believe in – from this day forward.

Miata will eliminate any mystery around money, helping these young women develop the ability to look their money straight in the eye, with the confidence that they can make their money work for them.

She starts by teaching the teens the ins and outs of basic money management – including tracking earning and expenses, creating a monthly spending plan, maintaining an emergency fund, avoiding debt, and starting to save.

Then, she invites the parents to join their offspring for the final segment of the day where she walks everyone through creating a "Family Financial System" – a structure for monthly family accountability around sharing budgets, daily expense tracking, and the reporting of monthly actuals.

SCHEDULE

9:30am
check-in w/
continental breakfast

10am - 1pm
morning session

1pm - 2pm
lunch + relaxation

2pm - 4:30pm
afternoon session

4:30pm - 6pm
parents join the teens